

IN THE SPECIFICATION:

Please amend the specification of the application to include the following statement:

- -This is a continuation of application Serial No. 10/038,889 filed January 8, 2002, now abandoned, Serial No. 08/711,470 filed June 21, 1999, now abandoned, which was a continued prosecution application of application Serial No. 08/711,470 filed September 6, 1996, now abandoned, which was a continuation of application Serial No. 08/575,395 filed December 20, 1995, now abandoned, which was a continuation of application Serial No. 08/420,595 filed April 12, 1995, now abandoned, which was a continuation of application Serial No. 08/325,053 filed October 19, 1994, now abandoned, which was a continuation of application Serial No. 07/993,664 filed December 21, 1992, now abandoned.- -

ABSTRACT

Please add the following Abstract to the application:

- -Abstract of the Disclosure

An exercise device having a solid body of elastic material and being substantially homogeneous throughout. The elastic material is a visco-elastic urethane having quasi-liquid properties and substantially faultless memory. The body has a selectively curved continuous uninterrupted outer surface that is generally egg-shaped.- -